

PSHE and RSE– Whole-School Overview

	EYFS	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Autumn 1	Getting to know each other.	Physical health and wellbeing	Physical health and wellbeing	Drug, alcohol and tobacco education	Identity, society and equality	Physical health and wellbeing	Relationships and health education
	Getting to know each other more.	Fun times	What keeps me healthy?	Tobacco is a drug	Democracy	In the media	Healthy relationships
Autumn 2	Making Rules and time to calm down. Praise and Criticism	Keeping safe andmanaging risk Feeling safe	Mental health and emotional wellbeing Friendship	Keeping safe andmanaging risk Bullying – see it, say it,	Drug, alcohol and tobacco education Making choices	Identity, societyand equality Stereotypes, discrimination	Relationships and health education Healthy relationships
				stop it		and prejudice	
Spring 1	Personal Power Choices and	Identity, society and equality	Relationships and health education	Mental health and emotional	Physical health and wellbeing	Keeping safe and managing risk	Drug, alcohol and tobacco education
	Consequences	Me and others	Boys and girls, families	wellbeing Strengths and challenges	What is important to me?	Making safer choices	Weighing up risk
Spring 2	Managing difficult feelings	Drug, alcohol and tobacco education	Relationships and health education	Identity, society and equality	Keeping safe and managing risk	Mental health and emotional wellbeing	Identity, societyand equality
		What do we putinto and on to bodies?	Boys and girls, families	Celebrating difference	Playing safe	Dealing with feelings	Human rights
Summer 1 Summer 2	Gentle touch and hurting touch	Mental health and emotional wellbeing Feelings	Keeping safe andmanaging risk Indoors and outdoors	Careers, financial capability and	Relationships and health education	Drug, alcohol and tobacco education	Mental health and emotional wellbeing
				economic wellbeing Saving, spendingand budgeting	Growing up and changing	Different influences	Healthy minds
	Telling others, keeping secrets Glad to be me.	Careers, financial capability and economic wellbeing My money	Drug, alcohol and tobacco education Medicines and me	Physical healthand	Careers, financial capability and	Relationships and health education	Keeping safe and managing risk
				What helps Bor	economic wellbeing Borrowing and	Growing up and changing	Keeping safe - outand about
					earning money		FGM (female genital mutilation)

